## 2003 Health and Preventive Practices Status Report

MISSOUR! DEPARTMENT OF HEALTH AND SENIOR SERVICES. CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION

## from Missouri County-level Study



_	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G <sub>eneral</sub>			
Health Status (Fair or Poor)	22.6	18.8	16.9
No Health Coverage	16.6	17.4 H	12.3
B <sub>ehavioral Risk Factors</sub>			
Physical Inactivity	20.7	24.3	23.0
Current Smoker	32.8	26.8	26.5
Overweight (BMI 25-29.9)	31.2	35.6	35.3
Obese (BMI ≥ 30)	25.0	23.4	23.4
Disease and Conditions			
High Blood Pressure	28.3	27.9	28.5
High Cholesterol (35 years or older)	37.5	37.2	37.3
Asthma	11.2	11.6	10.7
Diabetes	6.9	6.4	7.2
Activity Limitation	22.2	18.0	17.8
Cancer Screening  Women			
Never had a Mammogram	30.0 H	17.9	13.4
lo Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	66.8	52.3	49.4
50-64 years of age	57.3	43.3	35.9
65 and older	50.1	51.3	47.4
Never had a Pap Test:			
18-69 years of age	5.5	4.5	5.1
70 and older	24.4 H	8.6	6.4
No Pap Test in Last Year (18-29)	23.1	28.1	25.8
No Pap Test in Last 3 Years (30-69)	23.4	13.8	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	63.9	51.4	57.0
No Blood Stool Test in Last Year	85.3	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	58.9	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	72.8 H	63.3 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

<sup>\*\*</sup> The best indicators for Henry county were obtained by combining data from Henry and St. Claire counties.